



Newsletter

Dr Jane Myat is retiring, August 2024.

Dear Caversham Patients and Community,

Full of mixed emotions after 27 happy years of working at the Caversham, I share with you the news that I will be leaving the practice at the end of August this year. I am happy to know that you will continue to be well cared for by our dedicated Caversham team.

It has been such a privilege to have been a part of your stories and your lives over this time. I am grateful to have collaborated with you in creating our wonderful Listening Space. This has been the seedbed for lots of creative ways to grow better health together. I hope you will join me in contributing to this work flowing outwards as part of our 'River of Hope' initiatives in Camden going forwards. You have taught me over the years how much we can achieve when we bring our heads, hearts and hands together.



Dr Jane Myat

Long Term Conditions pathway

From April 2024 we are investing more time and resources into the way we look after our patients with Long Term Conditions (chronic illness). We aim to see our patients in a more holistic way and our new pathway will help patients see their named GP, assist patients to better manage their own healthcare, provide a consistent pathway to an agreed care plan and provide better information and advice.

Patients with a chronic illness will be contacted by our dedicated recall team on their month of birth (usually) and invited in for a check and test appointment with one of our Health Care Assistants, then the patients' diagnostic results will be reviewed by their own GP and a discussion appointment will be offered.

We hope this new pathway will be beneficial to overall patient health and reduce the number of times that patients with chronic illness are called into practice for tests and reviews.

Please click the following link for more information

[Long Term Conditions](#)

What's going on @ *The Cav*?

We are currently in the process of recruiting for new GP Partners and Practice Assistants and look forward to introducing those appointed in a future newsletter.

Kentish Town Cycle Buddies - ourselves and Camden Cycling Campaign are collaborating to help people in NW5 get going on bikes. Come for a gentle ride on the first Saturday of every month 10am-12pm we meet and return to the Caversham Practice, Peckwater Road entrance. Sign up by clicking [HERE](#)

The most recent addition to our waiting room is **The Cav Library!** In partnership with Kentish Town library, we now have a small library. The idea is you can take any of the books away if they interest you and return it when you're done. The library has a variety of general fiction and some books on different aspects of health & wellbeing.



Happy First Birthday to our information, advice coffee morning **Helping Hands**. This informal session is run **every Wednesday 10.30am-12.30pm**. During our first year we have spoken to over 750 patients, made art with Alice, conceived our idea for a story telling event, Hosted Good Work Camden and on occasion therapy dog Bowie. A big Thank You to all our contributors especially Sharon, Alice & Jess.

DATES FOR YOUR DIARY

We will be running our 3rd **Therapeutic Art programme** in conjunction with Camden Council and Kentish Town City Farm, starting on the 11th Oct, the programme is a series of 6 sessions, each 2 hours long and concludes on the 22 Nov with a half term break in the middle on 1 Nov.

If you are interested in attending, please e-mail caversham.practice@nhs.net and put Therapeutic Art in the e-mail title.

UPDATE

The Save The Peckwater Centre For Community Healthcare

Our Patient Participation Group (PPG) have been running a campaign since December 2023 to stop The Peckwater Centre, a dedicated primary care space, being closed to make way for secondary care services currently housed at the St Pancras Hospital site.

The campaign focused on communicating and influencing with key decision makers, to ensure they understand the concerns of the community. A petition was started and collected more than 21,000 signatures demonstrating the Centre's value and importance to the local community, a public demonstration and extensive coverage in the Camden New Journal and Ham & High have all helped the campaign raise awareness of the issues and allow the community's voice to be heard.

As a result of the Campaign there will be a re-appraisal of suitable sites and the PPG have had a reassurance that the Listening Space Garden will not be affected. The PPG is asking that the re-appraisal is subject to a full public consultation and will forward their ideas to the re-appraisal group.

If you want to get involved in The Caversham PPG please e-mail caversham.practice@nhs.net and put PPG in the e mail title.

Our petition remains open if you would like to sign scan the QR code or click [Here](#)

